

Cookie Dough Fundraisers Nutritional Information

Chocolate Chip

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serv. Size 1 oz (28g)			
Serv. Per Cont. 48				
Calories 120				
Fat Cal. 45				
	Total Fat 5g	8%	Total Carb. 18g	6%
	Sat. Fat 2.5g	12%	Fiber 1g	2%
	<i>Trans</i> Fat 0g		Sugars 11g	
	Cholest. 10mg	3%	Protein 1g	
	Sodium 120mg	5%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Brown Sugar (molasses), Semisweet Chocolate Drops (Sugar, Chocolate liquor, Milk fat, Cocoa Butter, Soya lecithin (an emulsifier) and vanilla), Sugar, Whole Eggs, All Soy Table Grade Margarine (Interesterified soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (preservative), artificial flavor, beta-carotene (color) and Vitamin A palmitate), Palm Oil, Vanilla Extract (water, propylene glycol, alcohol and vanillin), Salt, Baking soda (sodium bicarbonate, tricalcium phosphate)

CONTAINS: EGGS, MILK, SOY, WHEAT

Sugar Cookie

Nutrition Facts	Amount/serving	%DV*	Amount/serving	%DV*
	Serv. Size 1 oz (28g)			
Serv. Per Cont. 48				
Calories 120				
Fat Cal. 40				
	Total Fat 4.5g	7%	Total Carb. 17g	6%
	Sat. Fat 2g	9%	Fiber 0g	0%
	<i>Trans</i> Fat 0g		Sugars 7g	
	Cholest. 10mg	3%	Protein 1g	
	Sodium 120mg	5%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.				
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%				

INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Sugar, All Soy Table Grade Margarine (Interesterified soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (preservative), artificial flavor, beta-carotene (color) and Vitamin A palmitate), Whole Eggs, Vanilla Extract (water, propylene glycol, alcohol and vanillin), Baking soda (sodium bicarbonate, tricalcium phosphate), Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Starch, Monocalcium phosphate), Salt, Almond Flavoring (water, propylene glycol, natural and artificial flavor, xanthan gum, titanium dioxide, sodium benzoate (preservative))

CONTAINS: EGGS, NUTS, PEANUTS, SOY, WHEAT

M&M Cookie

Nutrition Facts

Serv. Size 1 oz (28g)

Serv. Per Cont. 48

Calories 120

Fat Cal. 40

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 4.5g	7%	Total Carb. 18g	6%
Sat. Fat 2g	11%	Fiber 0g	0%
<i>Trans</i> Fat 0g		Sugars 11g	
Cholest. 10mg	4%	Protein 1g	
Sodium 140mg	6%		
Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Milk Chocolate M & M's(sugar, chocolate, milk, cocoa butter, lactose, soy lecithin, salt, artificial flavors)sugar, cornstarch, less than 1% - corn syrup, gum acacia, coloring (includes red 40 lake, blue 2 lake, yellow 5, yellow 6, blue 1 lake, red 40, blue 1 dextrin), Brown Sugar (molasses), Sugar, Whole Eggs, All Soy Table Grade Margarine (Interesterified soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (preservative),artificial flavor, beta-carotene (color) and Vitamin A palmitate)., Palm Oil, Sugar, water, Vanilla Extract (water, propylene glycol, alcohol and vanillin), Baking soda (sodium bicarbonate, tricalcium phosphate), Salt

CONTAINS: EGGS, MAY CONTAIN PEANUTS/ARACHIDES, MILK, SOY, WHEAT

Oatmeal Raisin

Nutrition Facts

Serv. Size 1 oz (28g)

Serv. Per Cont. 48

Calories 110

Fat Cal. 35

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 4g	7%	Total Carb. 18g	6%
Sat. Fat 1.5g	9%	Fiber 1g	3%
<i>Trans</i> Fat 0g		Sugars 10g	
Cholest. 10mg	3%	Protein 2g	
Sodium 95mg	4%		
Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Sugar, Brown Sugar (molasses), Raisins, Seedless, Oats, All Soy Table Grade Margarine (Interesterified soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (preservative),artificial flavor, beta-carotene (color) and Vitamin A palmitate)., Whole Eggs, Palm Oil, Vanilla Extract (water, propylene glycol, alcohol and vanillin), Baking soda (sodium bicarbonate, tricalcium phosphate), Cinnamon, Ground, Salt

CONTAINS: EGGS, SOY, WHEAT

White Chocolate Macadamia Nut

Nutrition Facts

Serv. Size 1 oz (28g)

Serv. Per Cont. 48

Calories 130

Fat Cal. 60

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 7g	10%	Total Carb. 16g	5%
Sat. Fat 2.5g	13%	Fiber 0g	0%
<i>Trans</i> Fat 0g		Sugars 9g	
Cholest. 5mg	2%	Protein 1g	
Sodium 115mg	5%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%

INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), All Soy Table Grade Margarine (Interesterified soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (preservative), artificial flavor, beta-carotene (color) and Vitamin A palmitate), Brown Sugar (molasses), White cocoa butter drops (Sugar, Cocoa Butter, Dry whole milk, soya lecithin (an emulsifier) and vanilla), Sugar, Nuts, Macadamia, Dried, Whole Eggs, Vanilla Extract (water, propylene glycol, alcohol and vanillin), Baking soda (sodium bicarbonate, tricalcium phosphate), Salt

CONTAINS: EGGS, MILK, NUTS, SOY, WHEAT

Triple Chocolate

Nutrition Facts

Serv. Size 1 oz (28g)

Serv. Per Cont. 48

Calories 120

Fat Cal. 45

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 5g	8%	Total Carb. 17g	6%
Sat. Fat 2.5g	12%	Fiber 1g	2%
<i>Trans</i> Fat 0g		Sugars 11g	
Cholest. 10mg	3%	Protein 1g	
Sodium 100mg	4%		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%

INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), All Soy Table Grade Margarine (Interesterified soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (preservative), artificial flavor, beta-carotene (color) and Vitamin A palmitate), Sugar, Brown Sugar (molasses), Whole Eggs, White Confectionery Baking White Chips (Sugar, Partially Hydrogenated Palm Kernel and Palm Oils, Milk, Nonfat Dry Milk, Soy Lecithin, and Artificial Flavoring Added), Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, and Artificial Flavoring added. May Contain Milk, Cocoa (Dry Powder, Unsweetened, Processed W/alkali), Caramel Color, Vanilla Extract (water, propylene glycol, alcohol and vanillin), Salt, Baking soda (sodium bicarbonate, tricalcium phosphate)

CONTAINS: EGGS, MILK, SOY, WHEAT

Peanut Butter

Nutrition Facts

Serv. Size 1 oz (28g)

Serv. Per Cont. 48

Calories 130

Fat Cal. 60

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 7g	10%	Total Carb. 16g	5%
Sat. Fat 2.5g	12%	Fiber 0g	0%
<i>Trans</i> Fat 0g		Sugars 10g	
Cholest. 10mg	4%	Protein 2g	
Sodium 135mg	6%		
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 4%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, potassium bromate, thiamine mononitrate, riboflavin, folic acid), Sugar, Brown Sugar (molasses), Peanut Butter (Dry roasted peanuts, dextrose, hydrogenated rapeseed and cottonseed oil and salt), Palm Oil, Whole Eggs, Baking soda (sodium bicarbonate, tricalcium phosphate), Vanilla Extract (water, propylene glycol, alcohol and vanillin), Salt

CONTAINS: EGGS, PEANUTS, WHEAT

Monster Cookie

Nutrition Facts

Serv. Size 1 oz (28g)

Serv. Per Cont. 48

Calories 120

Fat Cal. 50

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 6g	9%	Total Carb. 15g	5%
Sat. Fat 2g	9%	Fiber 1g	5%
<i>Trans</i> Fat 0g		Sugars 10g	
Cholest. 15mg	4%	Protein 3g	
Sodium 115mg	5%		
Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4%			

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Oats, Peanut Butter (Dry roasted peanuts, dextrose, hydrogenated rapeseed and cottonseed oil and salt), Brown Sugar (molasses), Sugar, Whole Eggs, All Soy Table Grade Margarine (Interesterified soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate (preservative), artificial flavor, beta-carotene (color) and Vitamin A palmitate), Semisweet Chocolate Drops (Sugar, Chocolate liquor, Milk fat, Cocoa Butter, Soya lecithin (an emulsifier) and vanilla), Milk Chocolate M & M's (sugar, chocolate, milk, cocoa butter, lactose, soy lecithin, salt, artificial flavors) sugar, cornstarch, less than 1% - corn syrup, gum acacia, coloring (includes red 40 lake, blue 2 lake, yellow 5, yellow 6, blue 1 lake, red 40, blue 1) dextrin, Baking soda (sodium bicarbonate, tricalcium phosphate), Corn Glucose Syrup, Vanilla Extract (water, propylene glycol, alcohol and vanillin)

CONTAINS: EGGS, MAY CONTAIN PEANUTS/ARACHIDES, MILK, PEANUTS, SOY